



Looking for information or support?

Call the East Coast Prison Justice Society Phone Line

What we can do:

- Refer you to resources that may be of assistance
- Provide information & help you navigate internal (NSCS) mechanisms
 - o Requests, Complaints, Disciplinary sanction, Adjudication, etc.
- Provide information and help you address concerns regarding healthcare
- Help you navigate external complaint mechanisms
 - o NS Human Rights Commission, Ombudsman, Etc.
- Gather information for systemic advocacy (to inform institutional rules and practices)
- Provide individual non-legal advocacy when needed
- Have conversations about the conditions of your incarceration
- *Please note that we do not give legal advice OR provide legal representation*

1-877-589-9294

**Monday, Wednesday, Friday
9am – 11am & 1pm – 4pm**

This phone line is free to call from Provincial Jails in Nova Scotia



Voluntary/ confidential: This line is staffed by people who do NOT work for the Department of Corrections, or the government, but for a non-profit organization concerned about conditions of incarceration and working on behalf of prisoners. We will not share your information with anyone else at the jail. *Phone lines may be monitored (as usual) by jail staff.*